



NOVEMBER 13, 2023

Market Trend News

REPORTING ON THE MARKETS SINCE 1993

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31212.47

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BITCOIN / US DOLLAR - WEEKLY CHART

BTCUSD, 1W

Bitcoin / U.S. Dollar

TradingView

Chart from Tradingview

2020 Jun 2021 Jun 2022 Jun 2023 Jun



Is bitcoin back in favor?

Bitcoin has had four positive weeks in a row and is trading almost \$22,000 higher than its 2022 low set a year ago!

Looking at the chart, are we going to see a retest of \$31,000, or are we on to the \$48,000 area?

[**Kevin T. Dugan: Crypto Is Back From the Dead Thanks to BlackRock and Gary Gensler**]

[**Ibrahim Ajibade: BTC to \$40,000? -Bitcoin Price Catalysts to Look for this Week**]

[**Rob Nelson: How a bitcoin ETF will bring investment 'beyond anything we've ever seen before'**]

Have a great week!

LIT Argentina Lithium & Energy Corp

November 8th: Argentina Lithium Further Expands Rincon West and Antofalla North Projects

November 3rd: Argentina Lithium Engages Investing News Network for Marketing Contract

INFO

INTERESTING INTERVIEWS & ARTICLES



Investing News Network
Brien Lundin: Gold Finding Excuses to Rise, How to Approach Uranium Stocks



Palisades Gold Radio
Lawrence Lepard: Gold Holding Strong Because It Knows What's Coming



Soar Financially
GOLD: Expectation vs Reality
Adrian Day



Machai Productions
How to Build Generational Wealth With Canada's Top Commodities Fund Manager



WHY COPPER IS CRITICAL FOR DATA CENTERS

The Critical Role of
COPPER
in Data Centers

BY: SPONSORED CONTENT **READ FULL STORY**

THE 20 MOST COMMON INVESTING MISTAKES, IN ONE CHART

20 MOST COMMON Investing Mistakes

Below, we show the top mistakes to avoid as an investor according to the **CFA Institute**:

1 **2** **3** **4**

BY: DOROTHY NEUFELD **READ FULL STORY**

RANKED: THE FOODS WITH THE LARGEST ENVIRONMENTAL IMPACT

The Environmental Impact of Foods

Food production is responsible for 26% of global greenhouse gas emissions. How do different food items contribute to this figure?

Carbon Dioxide Equivalent (CO₂e) Emissions per Kilogram

Food Item	CO ₂ e Emissions per Kilogram	Category
Beef (beef herd)	99kg	Animal Product
Dark Chocolate	47kg	Plant Product
Lamb & Mutton	40kg	Animal Product
Beef (dairy herd)	33kg	Animal Product
Coffee	29kg	Plant Product
Prawns (farmed)	27kg	Animal Product

BY: SELIN OĞUZ **READ FULL STORY**

LIT**CORPORATE SPONSOR****ARGENTINA LITHIUM & ENERGY**

Argentina Lithium & Energy is focused on acquiring high-quality lithium projects in Argentina and advancing them towards production to meet the growing global demand from the battery sector. The Company's management group has a long history of success in the resource sector of Argentina with a strong track record of government & community relations.

PARTNERED FOR GROWTH**STELLANTIS****Invested: US\$90M** (In ARSS eq)**Ownership in LIT: 19.9%**

(In Argentina subsidiary with exchange rights to LIT shares provided)

Offtake Guarantee:
Up to 15,000tpa
over 7 years, extendable

SEPTEMBER 27TH NEWS RELEASE

Four under-explored projects
in the heart of the Lithium
Triangle in Argentina.

DEPARTURES CAPITAL
LIT TSX-V CEO INTERVIEW:
NIKOLAOS CACOS

CNBC: WHY THE EV INDUSTRY
IS BETTING ON THIS LITHIUM
MINING BREAKTHROUGH

INTERNATIONAL DEAL GATEWAY
NIKOLAOS CACOS INTERVIEW

OCTOBER 2023
19 PAGE PRESENTATION

2 PAGE FACT SHEET**LIT NEWS RELEASES****Projects****Rincon West**

- 3,282 ha under option & 460.5 ha 100%-held
- Adjacent to Rio Tinto Ltd. and Argosy Minerals lithium development projects, with proven reserves*
- Excellent infrastructure including international highway, electric power corridor
- 1st drill program completed; results include: 287 to 402 mg/L Li in 258m interval (RW-DDH-009) (2 intervals not sampled, 42m & 33m) and 329 to 393mg/L Li in 153m interval (RW-DDH-006) and 334 to 382 mg/L Li in 132m interval (RW-DDH-004) and 337 to 367 mg/L Li in 123m interval (RW-DDH-002) (40m not sampled)
- 2nd drill program underway + permitting for pump tests

Pocitos

- +26,000 hectares under option
- Excellent infrastructure: International railway to Pacific ports crosses the property; Provincial highway and major gas pipeline nearby
- Limited historic exploration

Antofalla North

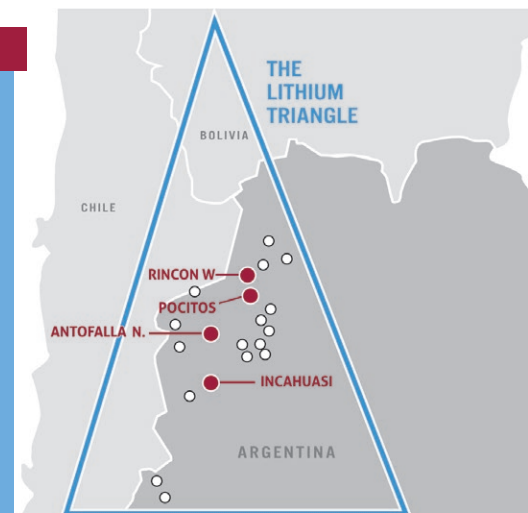
- 10,050 hectares of claims, 100% held & under option
- Major lithium producer Albemarle has large holdings starting 500m to the south
- Geophysical survey identified high-conductivity targets in upper 100 metres, additional targets at depth
- 110 line-km TEM survey planned to delineate brine targets, with drilling planned to follow in early 2024

Incahuasi

- 100% interest in over 25,000 hectares
- Located north of Lake Resources' Kachi Project
- Maximum values 409 mg/L lithium and 1.56% potassium recovered in near-surface sampling (to 8m depth)
- 4 drill-holes confirmed lithium-bearing brines (average to date 109 mg/L Li, 6718 mg/L K)

Key Project Highlights

- +64,000 hectares of claims on four salars in the Lithium Triangle.
- Projects strategically located in pro-mining provinces Salta and Catamarca, near key infrastructure with year-round access.
- Aggressive exploration programs in 2023 including advancing toward first resource estimate at Rincon W.
- Recently completed first drill program at Rincon W returning moderate to high grades of lithium over long intervals, including:
 - 287 to 402 mg/L Li over 258m starting at 83m depth

INTRO TO LITHIUM

Symbol: LIT
Exchange: TSX-V
Shares Issued: 130.49M
Fully Diluted: 213.24M

52 Week High: .63
52 Week Low: .19
TSX-V Close: .37

US Listing: PNXLF

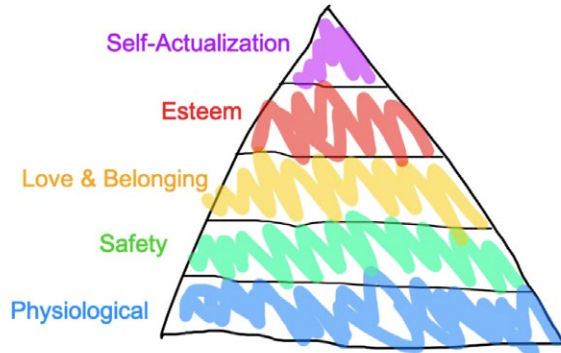
LIT Chart by TradingView

TWO TYPES OF MONEY PROBLEMS YOU CAN GRADUATE TO POST-WEALTH ISSUES.

BY: JACK RAINES
OCTOBER 13, 2023

YOUNGMONEY.CO

In 1943, American psychologist Abraham Maslow published his now-famous “Hierarchy of Needs.”



Maslow’s Hierarchy of Needs illustrates how human needs evolve over time: we must first satisfy our most basic needs, such as shelter, food, and water, before we can grasp higher-level needs, such as affection, self-esteem, and purpose.

The order of this hierarchy is crucial: you can’t address the needs out of order. If you offered a subway beggar career advice, he would look at you like you’re crazy. He doesn’t need a fulfilling career. He needs \$10 for food. He couldn’t care less about “fulfilling careers.”

In contrast, the person who is worried about leading a fulfilling career doesn’t have to think twice about spending \$10 on a bagel and coffee. It’s pocket change, a rounding error in their bank account.

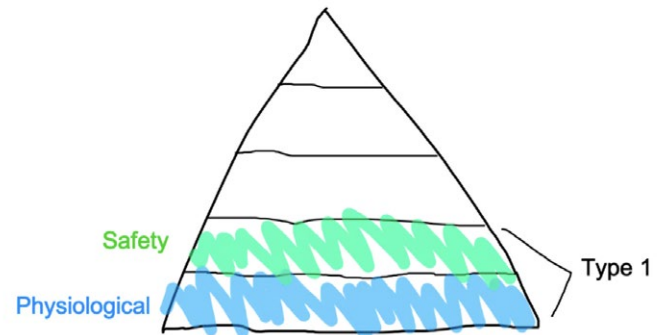
We only worry about the intrinsic needs after the extrinsic stuff is accounted for.

Our financial well-being works like this too.

Connected to Maslow’s Hierarchy of Needs, there are two types of money problems: problems that can be solved by the presence of money, and problems that only exist in the presence of money.

The former, which we’ll refer to as “Type 1” problems, address the lower ranges of Maslow’s Hierarchy: physiological and security needs. The latter, which we’ll refer to as “Type 2” problems, address the more nuanced parts of our psyche such as self-esteem, achievement, purpose, and reaching our potential.

We’ll focus on Type 1 first.



Type 1 problems are straightforward; think lack of water, food, shelter, and clothing. If you make enough money, those problems disappear.

Safety, at least in a financial sense, is a Type 1 problem as well, because more money in the bank gives you flexibility to meet your physiological needs regardless of life circumstances.

All Type 1 problems can be resolved with more money, but not all money problems are Type 1. If money could solve all money problems, then people with money wouldn’t suffer from financial anxiety. And yet, financial anxiety and wealth often coincide.

Take Alex Lieberman, for example. Alex sold Morning Brew, the newsletter company that he started in college, for >\$75M. He openly shares his thoughts about his financial anxiety on Twitter:



I have very real financial anxiety.

The fascinating part is I never used to.

I've talked to 100+ founders and they've shared the same feeling.

Only after selling Morning Brew for life-changing money has rumination & fear around finances lived rent-free in my head.

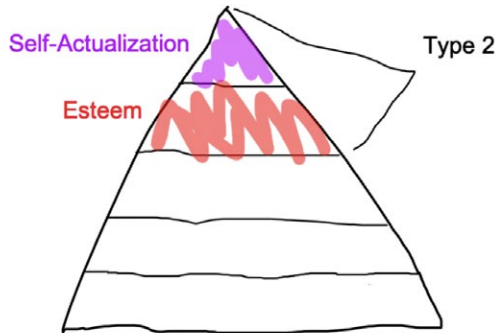
So why is that?

If I rationally have enough, why doesn't it feel like enough?

Scott Galloway is another example. Scott is an entrepreneur, author, and professor of marketing at NYU. Scott Galloway is also worth well over \$100,000,000. In a recent episode of his show, he was asked “When did you first feel financially secure?”

He answered, "I don't. I passed 9 figures a long time ago, and by any objective measure I'm financially secure, and I have huge financial anxiety."

So why do people with money still have financial anxiety? Because this anxiety has little to do with material goods. It addresses the final levels of Maslow's Hierarchy: self-actualization and esteem.



Say you've made enough money that you'll never again worry about food and shelter. Cool. The bottom of your pyramid is taken care of. Now you've graduated to a more difficult set of questions:

Is your work fulfilling?

Are you living up to your potential?

Is everything going to come crashing down?

Can you maintain your lifestyle?

Are you underachieving in relation to your peers?

Will you lose your social status if your business fails?

Type 1 problems are static: everyone has a specific amount of money that will take care of their material needs forever. Type 2 problems are dynamic: they continue to adapt to your life circumstances.

Type 1 problems are individualistic: what do I need to survive? Type 2 problems are pluralistic: What are my peers doing better than me?

Material problems don't just disappear once you have some level of wealth. They get replaced by intrinsic problems.

- Jack

"It's not how much money you make, but how much money you keep, how hard it works for you, and how many generations you keep it for."

- Robert Kiyosaki

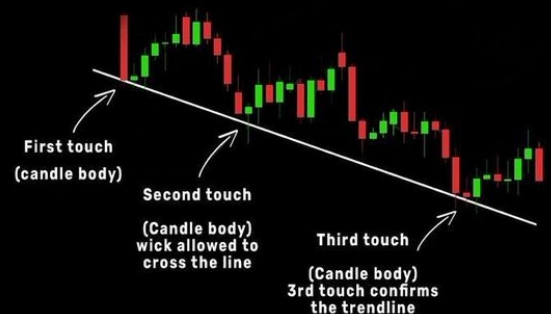
PULLBACK AFTER BREAKOUT ENTRY



HOW TO DRAW TRENDLINES

To draw a trendline you need to connect a minimum of 3 touches on the body of the candle not the wicks.

(wicks allowed to cross the trendline)



Success doesn't come from what you do occasionally, it comes from what you do consistently.



“Excellence and achievement have a structure that can be copied. By modeling successful people, we can learn from the experience of those who have already succeeded.”

-Jack D. Schwager, Market Wizards: Interviews with Top Traders

Metals/Crypto Prices

CEO.CA	Price	1 Week	YTD
Gold	\$1,954.60	-1.65%	6.69%
Silver	\$22.61	-1.67%	-6.99%
Copper	\$3.64	-0.55%	-4.50%
CAD/USD	\$0.72	0.50%	-1.77%
Bitcoin	\$35,616.46	3.06%	115.28%
Ethereum	\$1,895.72	3.34%	58.77%

*Metal and cryptocurrency data as of 4:00pm ET yesterday.

In Today's Briefing

Gold is looking for a catalyst. Based on recent trade, it could certainly use one. Those in the bear camp point to an ominous Head and Shoulders pattern unfolding on the daily charts - [Spot gold's head and shoulders pattern signals sharp decline ahead - Invezz's Ullah.](#)



Analyst Asad Ullah at Invezz: “I am expecting the price will retest the neckline around the \$1,978.25 resistance level before dropping to the \$1,912.20 support level and beyond.”

That’s a bold prediction amidst all this geopolitical uncertainty, even when underpinned by a potentially potent reversal pattern known to usher in protracted periods of weakness.

Tom Palmer, Newmont’s CEO, is looking at Gold through a different lens - [Israel-Hamas conflict pushing gold price to highs, says Newmont boss.](#)

Steady accumulation by central banks around the globe, having demonstrated an insatiable appetite for the precious metal, is also an extremely potent fundamental.

Take China, which is looking to reduce its reliance on the greenback and has been stepping up its purchases on the international market - [China leads global gold rush as it abandons U.S. assets, dollar - Newsweek](#).



“China produced 375 tonnes of gold in 2022,” Newsweek reported, “but in the first nine months of 2023, its state bank was responsible for acquiring 181 tonnes out of a total 800 tonnes purchased by central banks worldwide.” China’s gold reserves are now estimated at 2,113 tonnes—the fifth largest in the world.

Lithium

Resource-Hungry Predators (with deep pockets) Circle Azure

In [last week’s Briefing](#), we talked about how Australia’s Gina Rinehart had stepped in front of Chilean lithium giant SQM’s A\$1.63 billion bid to acquire ASX-listed Azure Minerals and its pre-resource (exploration stage) [Andover Lithium Project](#). Last Friday, Gina was joined by Mineral Resources’ mining veteran Chris Ellison, who revealed a 12% stake in the Australian exploreco - [Mining Tycoons Turn Up Heat at Australian Lithium Junior Azure](#).

The trajectory of Azure’s price chart tells the tale...



“MinRes, which has built up strategic minority stakes in a number of small lithium producers, declined to comment on its plans or on potential conversations with Rinehart’s Hancock Prospecting. Azure, Hancock and SQM did not immediately respond to requests for comment.”

The two, with combined stakes adding up to 30%, are more than enough to put the kibosh on SQM’s designs to acquire Azure. But with SQM motivated to diversify away from Chile, we could be on the cusp of a bidding war.

First Quantum Granted a Reprieve

In [last week’s Briefing](#), we highlighted a flurry of headlines that cast a shadow over First Quantum Minerals (FM.TO) and their mothership [Cobre Panamá](#) operation in Panama.

Cobre Panamá is a big ass producer with an estimated 3.1 billion tonnes of proven and probable reserves—geared to produce more than 300,000 tonnes of copper per year at full capacity—accounting for roughly 4% of Panama’s GDP and 1.5% of global copper supply. But more recently, the company was granted a reprieve - [First Quantum up as Panama Congress leaves contract untouched](#).

After a hasty debate, Panama’s congress eliminated an article in a mining bill that would have scrapped the company’s mining contract.

BMO mining analyst Jackie Przybylowski: “We do not expect that either First Quantum or the government intends to disrupt mining operations (as it likely didn’t intend to cause temporary mine closure in February), especially into an election when Panama is already facing drought-related disruptions to canal operations.”

The shares of First Quantum recovered from their panic-selling lows on the heels of this news...



... but there’s still a shadow.

Analysts at Barclays cut their First Quantum target price to \$17.00 from \$25.00, stating: “Uncertainty surrounding the future of Cobre Panamá’s contract could continue to weigh on share price near term, particularly if social unrest impacts the ability of the mine to operate. We recognize the shares are pricing in a significant discount to valuations, but remain UW given the Uncertainty.”

In a Nov. 3 press release—[First Quantum Provides Update on Panama](#)—the company stated: “Production at the Cobre Panama mine remains uninterrupted at this time, however, like many businesses across Panama, protests, including blockades of key roads, have caused disruptions on site as well as shortages in certain supplies.”

After all of this, can one call Panama a mining-friendly jurisdiction? And is First Quantum about to suffer even greater hostility?



Barrick Gold Invests in Hercules Silver

After investors piled into Hercules Silver (BIG.V) early last month, having recognized the significance of a new copper porphyry discovery—headline numbers 185 meters grading 0.84% Cu, 111 ppm Mo, and 2.6 g/t Ag were the catalyst for the excitement—another trading frenzy was triggered when a mining behemoth entered the fray with its big checkbook.

Trading in Hercules was brisk on the heels of Barrick's interest. After a brief trading halt, the stock went on another tear, establishing a higher trading range and giving the company a weighty market cap of north of \$200 million ('weighty' based on the limited amount of drilling in the discovery area).



The move, which will put more than twenty-three mill in the company's till, boosts Barrick's stake in the junior miner to roughly 12% from its previous 2.7%. According to the Nov. 6 press release, 21,265,370 units priced at \$1.10 per make up the deal—each unit includes one common share and 0.32 of a two-year warrant with a \$1.32 strike price.

Barrick CEO Mark Bristow: "That makes sense for Barrick to invest in what appears to be a possible new discovery. It's certainly a confirmation that it's a geological opportunity opening up and that's what Barrick is all about: investing in early-stage value-creating discoveries."

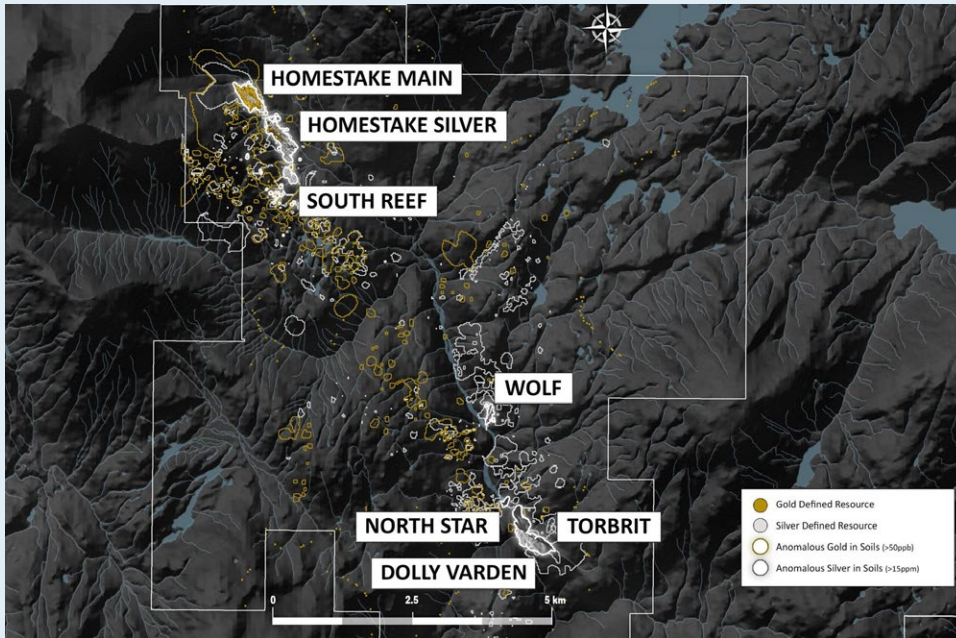


The project, a past producer that dates back more than a century, is viewed by Barrick as highly prospective for Cu and Au.

Hecla Circles Dolly

Earlier this month, another predator on the prowl for resources upped its stake in a junior it has been circling for a number of years - [Targeting Safe Silver Jurisdictions: Hecla Invests \\$10 million in Dolly Varden Silver](#).

Hecla Mining has an appetite for Dolly Varden Silver (DV.V) and its high-grade [Kitsault Valley Project](#) in the prolific Golden Triangle of British Columbia, [increasing its stake](#) in the exploreco from 10.6% to 15.7% (the deal got done via shares priced at \$0.65).



Seven years back, Hecla took a run at Dolly offering stockholders \$0.69 per share. A fierce court battle ensued and Dolly prevailed in the end—the TO was rejected.

“In a battle likened to David defeating Goliath, two provincial regulators have confirmed a junior mining exploration company [DV Silver] in British Columbia can proceed with a \$6 million private placement offering, despite a hostile takeover bid by a bigger American silver mining company [Hecla],” reported Canadian Lawyer Magazine.

Shawn Khunkhun, CEO of DV Silver: “For DV Silver to be successful, the Indigenous people and the community have to win. Retail and institutional investors have to win. And Hecla has to win. There’s enough meat on the bone for all stakeholders.”

In this capital-intensive sector, the \$10M will go fast—\$6M will go directly into exploration, the remainder will go towards working capital and G&A.

Newmont To Divest Mines

After closing its \$15 billion acquisition of Newcrest Mining earlier this week, mining colossus Newmont Mining is looking to raise \$2 billion via mine sales and project divestments (shedding assets post M&A is standard practice to shore up the balance sheet) - [Newmont Prepares to Sell Mines as Newcrest Acquisition Closes](#).

After digesting Newcrest’s assets, Newmont will operate 20 mines in 11 countries, boosting output to roughly 8.5 million ounces of gold a year.

The company has not yet decided which assets to dispose of first, though analysts suspect two Australian mines—Telfer and Havieron—are likely candidates.

CEO Tom Palmer: “We’ll look at the portfolio we have and take our time to integrate it safely, and welcome new colleagues into our business. And then we’ll think carefully about how we might rationalize our portfolio over the next 12 to 24 months to meet that \$2 billion commitment.”

Monarch Bleeding Out

On the ropes for over a year, Monarch Mining (GBAR.TO) now appears to be bleeding out - [Monarch Announces it Has Been Served With a Prior Notice of Exercise of a Hypothecary Right](#).



Things hit the skids when the company reported the following [update](#) concerning its flagship [Beaufor Mine](#) back in late August 2022:

The restart and ramp-up of the Beacon Mill have been slower than expected and the availability for the months of July and August has been approximately 50% of its capacity of 750 tpd. The ramp-up has been impacted by a number of mechanical and procurement problems as well as technical problems with the grade reconciliation of the stockpile already at the Beacon site, which included a low-grade pile and development ore that turned out to be lower grade than expected. As a result, cash flow from milling operations has been lower than expected.

It never really recovered from there.

In this Nov. 3 press release, the company announced that one of its creditors - Investissement Québec - served them “a prior notice of exercise of a hypothecary right in accordance with the loans it has granted Monarch, which are secured by a hypothec encumbering all the present and future, tangible and intangible assets, movable and immovable of the Corporation.”

This large government-run fund—a backer of 1,600+ economic projects in the province worth more than C\$2.3 billion—has recalled C\$10 million in loans and may seize Monarch’s flagship (past-producing) asset.

I suspect there’s no room left for negotiations here.



At this moment, Monarch still owns a 143 sq. km land position in the Abitibi region with an ounce count of just over 860k ozs (in all resource categories).

Hits Of The Week

KoBold Metals, a mining start-up backed by Bill Gates that's developing a copper project in Zambia, is getting closer to investing in the neighboring Democratic Republic of Congo - [Bill Gates-Backed Mining Startup Wants to Expand Into Congo](#)

The US is going full steam ahead in its effort to catch up with China in a part of the world that's become central to the green transition: Africa's "Copperbelt." Loaded with minerals critical to the production of batteries and other renewable energy components, Zambia and the Democratic Republic of Congo have become the latest venue in the struggle for advantage between Washington and Beijing - [China's Grip on Africa's Minerals Sparks a US Response](#)

Disney's stock, at about \$84 per share, is at its lowest level in nearly ten years. It is down 8% since CEO Bob Iger returned as CEO last November, and it's down 3% since the start of the year. Compare that to some of Disney's rivals: Comcast's stock is up more than 18% this year, and Warner Bros. Discovery, which owns CNN, is up 22% - [Disney is in trouble. Bob Iger has 5 big problems to solve](#)



Xolidayboy, real name Ivan Minayev, was handed the papers at a southern Russian airport on Monday - [Xolidayboy: Russian TikTok star collapses on stage after draft notice](#)

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"You get recessions, you have stock market declines. If you don't understand that's going to happen, then you're not ready, you won't do well in the markets."

- Peter Lynch












DRILL RESULTS COURTESY OF JUNIOR MINING HUB

Top Gold Drilling Highlights

News	Date	Company	Project	Au (g/t)	From (m)	Interval (m)	Grade x Width	Market Cap
	10/30/2023	Collective Mining Ltd. 4.08 ▼ -0.11 (-2.63%)	Guayabales	2.74*	2	519.1	1422 AuEq total 	\$245.14M
	11/9/2023	Mawson Gold Limited 0.335 ▼ -0.005 (-1.47%)	Sunday Creek	62.70	430	20	1254 Au total 	\$99.02M
	11/3/2023	Ascot Resources Ltd. 0.415 ▼ -0.005 (-1.19%)	Premier	98.84	51.46	6.48	640 Au total 	\$230.70M
	11/8/2023	Heliostar Metals Ltd. 0.275 ▼ -0.01 (-3.51%)	Ana Paula	4.13	37.5	147.05	607 Au total 	\$45.84M
	11/8/2023	Snowline Gold Corp. 3.97 ▼ -0.16 (-3.87%)	Rogue	1.45	2.6	372.9	541 Au total 	\$571.65M
	11/9/2023	Alamos Gold Inc. 17.63 ▼ -0.29 (-1.62%)	Island Gold	168.03	106.85	3.14	528 Au total 	\$6.99B
	10/30/2023	Goliath Resources Limited 0.78 ▼ -0.02 (-2.50%)	Golddigger	65*	436.1	7.9	514 AuEq total 	\$78.77M
	11/7/2023	Collective Mining Ltd. 4.08 ▼ -0.11 (-2.63%)	Guayabales	3.42*	1.5	126.8	434 AuEq total 	\$245.14M
	11/6/2023	Fury Gold Mines Limited 0.45 ▼ -0.025 (-5.26%)	Eau Claire	279	344	1.5	419 Au total 	\$65.50M
	11/7/2023	Mandalay Resources Corporation 1.70 0.00 (0.00%)	Costerfield	797	7.43	0.52	414 Au total 	\$157.79M

Top Silver Drilling Highlights

Use Control + To Zoom

News	Date	Company	Project	Ag (g/t)	From (m)	Interval (m)	Grade x Width	Market Cap
	11/6/2023	Dolly Varden Silver Corporation 0.80 ▲ 0.02 (2.56%)	Kitsault Valley	461*	747.16	26.99	12442 AgEq total 	\$203.75M
	11/1/2023	Hercules Silver Corp. 1.15 ▲ 0.11 (10.58%)	Hercules	138.70	34.81	41.85	5805 Ag total 	\$220.31M
	11/1/2023	AbraSilver Resource Corp. 0.27 ▼ -0.005 (-1.82%)	Diablillos	154.50	95.5	21.5	3322 Ag total 	\$152.36M
	11/7/2023	Terra Balcanica Resources Corp. 0.04 0.00 (0.00%)	Viogor-Zanik	1168.00*	36.2	1.35	1577 AgEq total 	\$3.81M
	11/8/2023	Reyna Silver Corp. 0.17 ▼ -0.005 (-2.86%)	Medicine Springs	24	1.75	56.77	1362 Ag total 	\$25.52M
	11/2/2023	Silver Storm Mining Ltd. 0.095 ▼ -0.02 (-17.39%)	La Parrilla	206*	32.7	5.2	1071 AgEq total 	\$37.73M

Equivalency values are provided by news release and are not verified by Junior Mining Hub. Drilling results are not true width, but core length. "From" is represented by the top of interval, or vertical depth reported in the news release. Please click the news release link to confirm values (these are not guaranteed) and gain additional context. Junior Mining Hub does not provide investment advice or instructions, products or services. It is essential that you should not rely solely on the information contained on the platform, including information shared by other users of the platform and services. Click here to see our complete [Terms of Use](#) and [Privacy Policy](#) Agreements.

Top Copper Drilling Highlights

News	Date	Company	Project	Cu (%)	From (m)	Interval (m)	Grade x Width	Market Cap
	10/30/2023	Arizona Sonoran Copper Company Inc. 1.33 ▼ -0.01 (-0.75%)	Parks/Salyer	1.97	425.8	164.6	324 Cu total	\$145.00M
	10/30/2023	Valhalla Metals Inc. 0.23 0.00 (0.00%)	Sun	3.30*	125.31	52.4	173 CuEq total	\$19.14M
	11/7/2023	Pacific Ridge Exploration Ltd. 0.155 ▼ -0.005 (-3.13%)	Kliyul	0.27*	13	485.7	131 CuEq total	\$19.95M
	11/1/2023	Benton Resources Inc. 0.145 ▼ -0.005 (-3.33%)	Great Burnt	8.31	161.89	13	108 Cu total	\$23.96M
	11/8/2023	Kodiak Copper Corp. 0.59 0.00 (0.00%)	MPD	0.24*	29	338	81 CuEq total	\$37.65M
	11/1/2023	Imperial Metals Corporation 1.94 ▼ -0.04 (-2.02%)	Huckleberry	0.41*	167.5	162.5	67 CuEq total	\$300.45M
	11/6/2023	Aston Bay Holdings Ltd. 0.06 0.00 (0.00%)	Nunavut Property (Storm and Seal)	1.10	48.8	24.4	27 Cu total	\$13.29M
	11/6/2023	Emerita Resources Corp. 0.315 ▲ 0.005 (1.61%)	Iberian Belt West	0.50	649.8	51.6	26 Cu total	\$73.97M
	11/7/2023	Pan Global Resources Inc. 0.18 ▲ 0.005 (2.86%)	Escacena	1.15*	79	15.9	18 CuEq total	\$38.23M

Top Li2O Drilling Highlights

Use Control + To Zoom

News	Date	Company	Project	Li2O (%)	From (m)	Interval (m)	Grade x Width	Market Cap
	10/31/2023	Li-FT Power Ltd. 5.80 ▼ -0.70 (-10.77%)	Yellowknife Lithium	1.75	45	18	32 Li2O total	\$227.60M
	11/7/2023	Li-FT Power Ltd. 5.80 ▼ -0.70 (-10.77%)	Yellowknife Lithium	1.40	198	21	29 Li2O total	\$227.60M
	11/6/2023	Lithium Ionic Corp. 1.36 ▼ -0.11 (-7.48%)	Bandeira	1.64	387.85	13.5	22 Li2O total	\$187.93M
	11/2/2023	Lithium Ionic Corp. 1.36 ▼ -0.11 (-7.48%)	Bandeira	2.11	425.03	9.87	21 Li2O total	\$187.93M

“Investing should be more like watching paint dry or watching grass grow. If you want excitement, take \$800 and go to Las Vegas.”

- Paul Samuelson

HOW TO THINK LIKE A WINNER AND TRADE SUCCESSFULLY (AN EXERCISE TO START IMPROVING PERFORMANCE RIGHT NOW)

BY: CORY MITCHELLS
NOVEMBER 2, 2023

TRADETHATSWING.COM

Unsuccessful traders think in unconstructive ways. And the tougher things get, the more unconstructive their thinking gets. They burrow deeper into poor habits which are driven by thinking/focusing on the wrong thing.

Successful people and traders think differently. When the going gets tough, they think about different things than the unsuccessful trader. Great traders focus on things that get them back to following their [trading plan](#) quickly.

If you want to win, change how you think. It's actually pretty quick and simple. Here's how.

Most people who enter trading are constantly thinking things like:

- I'm going to be a great trader
- I'm going to be rich
- I'm going to kill it today
- I'm going to make \$1000 today
- I'm not going to lose money today

This thinking is Focused on the "What." While this type of thinking can help define a goal, it will mostly hurt you as a trader. It's totally unconstructive and keeps you focused on the wrong thing, instead of the right thing which is HOW to do it.

Eradicate WHAT thinking as much as possible.

Instead, try to think/focus more on "How" and "Why."

For example, instead of thinking things like "I am going to kill it today," think more along the lines of:

- I have worked hard on my trading plan, it works, so I always follow it.
- I do my [pre-trade routine](#) every day so I am in the best mind frame possible when I start trading.
- I [talk through every trade](#) I make, going through my checklist to make sure the trade aligns with my plan.
- I do all this because following my plan is important for success in trading and for my mental health. If I want to have time and money to enjoy life, this is what I need to do.

- The last few days I have been overeager to trade, jumping into trades too early. Today I will wait until the signal occurs, and then wait one extra second to make sure I am not jumping the gun. (An example of if you noticed a recurring mistake recently.)

I bombard myself with these types of HOW and WHY thoughts all day, constantly, any time I remember, about anything I want to get better at. Trading is a vicious game with a [very low success rate](#). If you want to make money at this, you need to be in top form, putting in more work than others to get sharper and sharper in ever-changing conditions.

The WHAT thoughts are more likely to drive [impulse](#) and inflame existing bad habits. The HOW and WHY thoughts actually provide a path to what you want. They remedy problem areas and help avoid [trading mistakes](#) before they happen.

As you notice generic WHAT thoughts, outside and during trading, try to switch as much as possible to HOW and WHY thinking. Constantly, and always.

Do it so much that it becomes your natural way of thinking. When you have WHAT thoughts (which do help define what we want or don't want) put HOW and WHY thoughts right after them, always.

And if a goal or outcome is really important to you, focus on those HOW and WHY thoughts all the time. Propel yourself forward with them.

Sure, think about your end goal occasionally, but most people are so obsessed with thinking about results that there is no room to focus on how that will actually be accomplished. They feel like they are constantly working because their mind is always thinking about the goal/ results, but they aren't actually making steps toward that goal, they are just mentally spinning their wheels.

During trading you may think "I am going to make so much money on this trade!"

Is that a constructive thought? Is it a WHAT or HOW thought? Take a moment to answer. Learn to recognize productive and unproductive thoughts, so you can switch out unproductive ones for productive ones.

That is a WHAT thought.

To make sure you actually do trade well (according to your plan) if you hear yourself say something like that, immediately switch to HOW and WHY thinking which is something like “My plan says my exit point is X and I can implement a trailing stop loss if Y happens. I will stick to this because over many trades my backtesting/experience has revealed this maximizes monthly returns.”

The former thought (about so much money) is not constructive. It will probably cause you to hold onto a trade longer than you are supposed to, may cause you to remove your stop loss or [target](#), or take a larger [position size](#) than you are supposed to.

The latter thought is more productive; it is a guide for what to do.

Make HOW thinking your primary thought process for any high-pressure situation or goal. Do this by practicing it constantly throughout the day whenever you remember.

Practice it often and it will become second nature. You’ll be cooler under fire, and it will actually free up your mind to execute, as practiced, when the time comes. You’ve talked through what needs to be done, so when the time comes you’ll act it with minimal mistakes.

You’ve probably heard “Don’t think about the money” and this is how you do that. It’s how pro golfers can stand over a put worth \$5 million, or not crack at the poker table with huge money on the line, or how a trader can increase their position size without breaking a sweat. Your mind is trained to think about your routine and process, how to best execute, not the result.

Cory Mitchell, CMT



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G lossary

Diamond Hands

Slang term for an investor who is ready to hold a position for the end goal, despite the potential risk, headwinds and losses.

Doji Candle

Doji Candles look like a cross because the financial instrument's open and close for the time period are close to equal.

Fibonacci Retracement (Fib)

These are levels in the chart where support and resistance are likely to occur. The levels are 23.6%, 38.2%, 61.8%, and 78.6%. 50% is often added but is not an official level. The levels are calculated from two points chosen by the user, usually an extreme low and an extreme high.

FLEM & DHEM

Fixed Loop Electromagnetic and Down Hole Electromagnetic Surveys

FOMC

The Federal Open Market Committee consists of 12 members and is the U.S. Fed's monetary policy making body. It is responsible for formulation of a policy designed to promote stable prices and economic growth.

FOMO

Fear Of Missing Out

Naked Shorting

It is the illegal practice of shorting stock that is not borrowed.

Nonfarm Payrolls

Is an official statistic released by the U.S. department of labor, usually on the first Friday of the month. It is a measure of the number of workers in the U.S. excluding farm workers and those employed in private households or non-profit organisations.

Shorting

Borrowing stock, selling it in the market to hopefully buy it back at a lower price, making profit from the difference in price, and then returning the borrowed stock.

Short Squeeze

When a company's stock starts to quickly rise because people shorting the stock are trying to cover their losing positions to prevent further loss.

YOLO

You Only Live Once